## **FOOD FOR LIFE SERVED HERE**



Healthy soil,
plants and animals
= healthy food
= healthy people





SEASONAL traceable SUSTAINABLE Ingredients from local soil

Meat that can be traced back to the farm

Eggs are free range



Food for Life Served Here demonstrates that the school food we provide in this school is ethical, sustainable and fresh, free from nasty additives and transfats and meets school food standards.

The award guarantees that food meets high standards of provenance and traceability.

#foodquarter



Our menus are seasonal and we adjust our use of vegetables, salads and meal accompaniments to make use of seasonal produce wherever possible.

## St Paul's C.E. Primary School

### Week Commencing

31st Oct, 21st Nov, 12th Dec, 2nd Jan, 23rd Jan, 6th Mar 27th Mar



# **MENU** Week 1



#### Choose from...

- Vegetarian Chilli & Nachos
- Mascarpone Pasta

#### Choose from...

- Halal Keema & Peas
- Cheese & Onion Flan Mild Chicken Curry



#### Choose from...

- Halal Chicken Tikka Roast
- Vegan Cottage Pie Roast Chicken

#### Choose from...

Ham & Cheese Pizza

- Cheese & Tomato Pizza
- Garlic Vegetable Noodles

#### Choose from...

**Battered Fillet of Fish** 

Savoury Roll

#### Desserts...

- Decorated Vanilla Sponge Cake
- Freshly Prepared Fruit

#### Desserts...

- Volcano Buns
- Freshly Prepared Fruit

## Desserts...

- Freshly Prepared Fruit
- ¶ Flapjack

#### Desserts...

- Chocolate Sponge
- Freshly Prepared Fruit

## Desserts...

- Zucchini Cake
- Freshly Prepared Fruit

Suitable for









A selection of additional options e.g., sandwiches, jackets etc. will be available each day



For full allergen & nutritional information go to the FM School Meals App: https://schoolmeals.bradford.gov.uk

# St Paul's C.E. Primary School

#### Week Commencing

7th Nov. 28th Nov. 9th Jan 30th Jan, 20th Feb, 13th Mar



# MENU Week 2



#### Choose from...

Meat Lasagne

- 🍄 Halal Pasta Bolognaise
- Mexican Burrito

## Choose from...

- Fruity Chicken Curry Halal Chicken Adobo
- Cheese Pasta Bake



#### Choose from...

Roast Pork Lain

- 🍨 Halal Roast Chicken Breast
- Vegetable Roll



#### Choose from...

- Cheese & Tomato Pizza
- Sweet Potato & Lentil Curry



## Choose from...

Fish Fingers

Vegetable Pakora Salmon Fish Fingers

#### Desserts...

- Cornflake Tart
- Freshly Prepared Fruit

#### Desserts...

- Plain Sponge
- Freshly Prepared Fruit

### Desserts...

**Freshly Prepared Fruit** 

Decorated Fruit Jelly

#### Desserts...

- Freshly Prepared Fruit
- Marble Sponge

## Desserts...

- Butterfly Buns
- Freshly Prepared Fruit

Suitable for









A selection of additional options e.g. sandwiches, jackets etc. will be available each day



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## St Paul's C.E. Primary School

#### Week Commencing

14th Nov, 5th Dec, 16th Jan 6th Feb, 27th Feb, 20th Mar



# MENU Week 3



#### Choose from...

Sausage in a Bun

- Halal Sheesh Kebab
- Tortilla With Julienne of Veg

## Choose from...

- Cheese & Onion Pasty
- Italian Tomato Pasta



## Choose from...

Chicken Pie

- Halal Chicken Pie
- Quorn Meatballs in Gravy

#### Choose from...

- 🥯 Halal BBQ Chicken Pizza Sticky Chicken Pizza
- Cheese & Tomato Pizza



#### Choose from...

Fish Fingers

Southern Fried Quorn Burger

#### Desserts...

- Rice Pudding
- Freshly Prepared Fruit

#### Desserts...

- Orange & Lemon Sponge
- Freshly Prepared Fruit

### Desserts...

- Freshly Prepared Fruit
- Chocolate Ice Cream Roll

### Desserts...

- Freshly Prepared Fruit
- Chocolate Buns

#### Desserts...

- Oat Cookie
- Freshly Prepared Fruit

Suitable for









A selection of additional options e.g., sandwiches, jackets etc. will be available each day



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